

# Swalwell Primary School PSHE curriculum overview

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Dates
Autumn 1	<b>PSED – MF &amp; B</b> <b>PSED – SC &amp; SA</b> <b>PSED - MR</b>	<b>Mental health and emotional wellbeing</b> Feelings	<b>Mental health and emotional wellbeing</b> Friendship	<b>Mental health and emotional wellbeing</b> Strengths and challenges	<b>Mental health and emotional wellbeing</b> Feelings and behaviours	<b>Mental health and emotional wellbeing</b> Dealing with feelings	<b>Mental health and emotional wellbeing</b> Healthy minds	
Autumn 2	<b>PD – M &amp; H</b> <b>PD – H &amp; SC</b> <b>PSED - MR</b>	<b>Keeping safe and managing risk</b> Feeling safe	<b>Keeping safe and managing risk</b> Indoors and outdoors	<b>Keeping safe and managing risk</b> Bullying – see it, say it, stop it	<b>Keeping safe and managing risk</b> Playing safe	<b>Keeping safe and managing risk</b> When things go wrong	<b>Keeping safe and managing risk</b> Keeping safe - out and about FGM	Road safety week Anti-Bullying week
Spring 1	<b>PSED – MR</b> <b>UTW – P &amp; C</b>	<b>Sex and relationship education</b> Boys and girls, families (Year 2 lessons 4, 5, 6)	<b>Sex and relationship education</b> Boys and girls, families (Year 2 lessons 1, 2, 3)	<b>Sex and relationship education</b> Differences and keeping safe	<b>Sex and relationship education</b> Growing up and keeping safe	<b>Sex and relationship education</b> Growing up and changing	<b>Sex and relationship education</b> Healthy relationships / How a baby is made	E-safety week
Spring 2	<b>UTW – P &amp; C</b> <b>UTW – TW</b> <b>UTW – T</b>	<b>Careers, financial capability and economic wellbeing</b> My money	<b>Careers, financial capability and economic wellbeing</b> I want it!	<b>Careers, financial capability and economic wellbeing</b> Saving, spending and budgeting	<b>Careers, financial capability and economic wellbeing</b> Charity job week and Do you need it?	<b>Careers, financial capability and economic wellbeing</b> Borrowing and earning money	<b>Careers, financial capability and economic wellbeing</b> A fair day's pay	Life skills national careers week Comic/Sports relief
Summer 1		<b>Drug, alcohol and tobacco education</b> What do we put into and on to bodies?	<b>Drug, alcohol and tobacco education</b> Medicines and me	<b>Drug, alcohol and tobacco education</b> Tobacco is a drug	<b>Drug, alcohol and tobacco education</b> Making choices	<b>Drug, alcohol and tobacco education</b> Different influences	<b>Drug, alcohol and tobacco education</b> Weighing up risk	Mental health Drowning prevention
	<b>PD – M &amp; H</b> <b>PD – H &amp; SC</b>	<b>Physical health and wellbeing</b> Fun times	<b>Physical health and wellbeing</b> What keeps me healthy?	<b>Physical health and wellbeing</b> What helps me choose?	<b>Physical health and wellbeing</b> What is important to me?	<b>Physical health and wellbeing</b> In the media	<b>Physical health and wellbeing</b> Looking after myself	
Summer 2	<b>UTW – P &amp; C</b> <b>UTW – TW</b> <b>PSED – SC &amp; SA</b>	<b>Identity, society and equality</b> Me and others	<b>Identity, society and equality</b> Right and wrong	<b>Identity, society and equality</b> Celebrating difference	<b>Identity, society and equality</b> Democracy	<b>Identity, society and equality</b> Stereotypes, discrimination and prejudice (including tackling homophobia)	<b>Identity, society and equality</b> Human rights	