



Swalwell Primary School and DKPT will be running a family boot camp every **Wednesday at 3:30pm** on the school field.

COME AND GIVE IT A GO

- It's a great way to....
- Get active.
- Feel fitter.
- Improve your health.
- Spend time together.

GET FIT AND HAVE FUN AS A FAMILY

Boot camp is open to all staff, pupils and parents

We really hope to see you there!

Please get in touch with Swalwell Primary School if you would like any more information!

Suggested 50p donation to school funds

